

3282 Sepulveda Blvd. • Manhattan Beach, CA. 90266

Manhattan Village Mall

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www.chinagrillbistro.com

310.546.7284

Dim Sum Starters

Potstickers

Steamed and then pan-fried: ground pork, Chinese greens, ginger and scallions. Served with soy-vinaigrette. 6.25

Szechwan Chicken Dumplings

Steamed, filled with ground chicken breast, Chinese parsley, ginger and scallions, with spicy szechwan sauce. 6.25

Vegetarian Raviolis

Steamed and then pan-fried: diced roasted vegetables, shiitake mushroom, edamame, tofu, carrot, shallots, garlic-chives, with aromatic soy-miso dipping sauce. 6.25

Spring Vegetable Rolls

Shredded vegetables, scallions, black shiitake mushrooms, baby winter bamboo shoot hearts. 3.95

Crackling Calamari

Crisp light breaded strips of calamari steak with Asian spiced kosher salt, fresh chili, served with Asian pungent sauce. 8.95

South Pacific Beef Skewers

Served with spicy peanut sauce and citrus relish. 7.95

Lettuce Cups

With a choice of minced chicken or tofu-pine nuts, water chestnut, chives, black mushroom. Served with iceberg lettuce cups. 8.95

With shrimp, 10.95

Ahi Poke

Diced sashimi yellow fin tuna served with hot house cucumber, seaweed, scallion and avocado. 10.95

Crab Stuffed Shrimp Cigars

Shrimp, crab meat, cream cheese, Chinese chives, with macadamia nut, dijon-mango-lime dipping sauce, wrapped in filo paper. 8.95

Hunan Style Baby Back Ribs

Marinated in our Hunan style BBQ sauce, finished on the grill. 12.95

China Grill Rice Rolls

Grilled chicken, julienned cucumber, green leaf lettuce, sesame seeds, fresh herbs, in transparent rice paper wrapping. (Served cold, not fried) 5.95 With shrimp, 7.95

Dim Sum Platter for two

Szechwan chicken dumplings, crab-stuffed shrimp, potstickers, beef skewers. 13.50

Soups & Salads

Classic Wonton Soup

shrimp, chicken & bbq. Pork in a hearty broth with mixed Chinese greens, wonton dumplings. Large 10.25 Bowl 7.25

Hot & Sour Chicken Soup

shredded breast of chicken, black mushroom, bean curd, in a peppery consommé. Large 7.95 Bowl 5.45 Cup 3.25

Creme of Corn Soup

chicken breast in a thick and creamy broth with egg white. Large 8.95 Bowl 6.25

Vegetable Soup in Lite Ginger Broth

in season vegetables, baby bok choy, snow peas, napa cabbage, fresh mushrooms, scallions. Large 8.95 Bowl 6.25

Seared Ahi Tuna or Salmon Salad

Sashimi seared ahi, with baby gourmet greens tossed in Asian vinaigrette, topped with new potatoes, hot house cucumber, daikon sprouts, asparagus and ginger-dijon-olive dressing. Entree only 14.95

Chinese Chicken Salad

Grilled chicken, shredded lettuce, nappa cabbage, scallions, wonton threads, rice sticks, in soy-ginger vinaigrette. Entree 10.95 Half 7.25

Gorgonzola Salad

With mango, beet, green apple, Asian pear, crumbled walnuts, on a bed of baby greens tossed with a plum dressing. Entree 12.95 Half 8.75

Thai BBQ. Noodle Salad

Flat wheat noodles, shredded greens, fresh herbs and crushed peanuts, tossed in a lemon-lime dressing, topped with grilled chicken breast slices. Served warm with peanut sauce on the side. Entree 11.95 Half 7.50

Oriental Citrus Salad

Spring mix greens with orange and Asian pear wedges, green apple, grapefruit, raisins, water chestnut, honey walnuts, in raspberry-ginger vinaigrette. Entree 10.95 Half 7.25

Peking Duck Salad

Roasted Chinese duck over spring mix greens, water chestnuts, rice sticks and toasted almonds in plum-balsamic vinaigrette. Entree 14.95 Half 9.75



Chicken

Served with steamed jasmine or brown rice. With Chinese salad or hot & sour soup, add 1.95

- Mooshu Chicken** shredded vegetables, egg, white chicken meat, scallions, hoisin sauce. Served wrapped. 9.95
- Kung Pao Chicken** diced chicken breast, onion, assorted bell peppers, peanut, chili & water chestnut. 11.95
- Crispy Orange Chicken with Chilis** lightly battered and quick fried, in orange peel sauce 10.95
- House Chicken with Cashew nuts** cubed chicken breast meat with assorted diced vegetables in light brown sauce 11.95
- Sweet & Tangy Crispy Chicken** lightly battered and quick fried, in Cantonese sweet & sour sauce 11.95
- Crispy Sesame Chicken** in soy-balsamic tart dressing, with pickled cucumber and sesame seeds 11.95
- Garlic Chicken with Wild Mushrooms** accented with rice vinegar, chili sauce, and plenty of garlic. 12.95
- General Tsao's Chicken** Crispy chunks of chicken breast in mildly spicy sauce. 11.95
- Special Lemon Chicken** crispy, lightly breaded chicken breasts, in a sauce made with fresh lemons. 12.95
- Chicken with Black Bean Sauce** sliced chicken breast, roma tomato and asparagus, in rich fermented black bean sauce. 13.95
- Spicy Ground Chicken** with silken soft tofu, chili paste, garlic, in light brown sauce. 11.95
- Hunan Chicken** chicken breast slices, broccoli florets, with splash of Shaoshing wine. 12.95

Meats

Served with steamed jasmine or brown rice. With Chinese salad or hot & sour soup, add 1.95

- Mooshu Pork** shredded vegetables, egg, pork, scallions, hoisin sauce. Served wrapped. 9.95
- Beef with Broccoli & Cauliflower** choice flank steak in a ginger-scallion brown sauce. 11.95
- Northern Style Mongolian Beef** with chilies, scallions, bamboo shoots and fresh ginger. 13.95
- Red Hot Beef** with julienne vegetables, snow peas, garlic, hoisin, ginger, chili, in spicy sauce with a touch of mint. 13.95
- Peppery Style Beef** freshly ground black pepper and trio of bell peppers and onions. 13.95
- Beef with Asparagus** with fresh red jalapenos, asparagus and black beans. 14.95
- Kungpao Beef** choice beef, caramelized sweet onion, assorted bell peppers, peanut, chili & water chestnut. 13.95
- Roast Duck a la Peking** served with steamed buns, scallions, hoisin and plum sauces. 18.95
- China Grill Beef Tenderloin** aged, upper choice, cubed and sauteed with Maui onions, Roma tomatoes and Cantonese bok choy. 19.95



Rice & Oriental Pastas

With Chinese salad or hot & sour soup, add 1.95

House Special Fried Rice shrimp, chicken, beef, egg and scallions. 11.75

Vegetable Fried Rice selected vegetables, pineapple tidbits and egg (cooked without soy sauce). 9.95

Brown Fried Rice cooked in the classic style, with egg, broccoli and scallions. 8.95

With Chicken or Beef 10.95 With Shrimp 12.95

Cantonese Chur Fun prepared in the traditional style with scallions, in rich soy sauce.

With Chicken or Beef. 11.95 With Shrimp 14.95

Soy Chicken Lo Mein somen noodles in rich soy sauce with grilled chicken and vegetables. 11.95

Szechwan Spicy Noodles

chicken breast meat, flat noodles, scallions, trio bell peppers, fresh coriander, in spicy szechwan sauce. 10.95

Garlic Noodles with Mushrooms & Julienne Squash

flat wheat noodles, roasted garlic, shitake, oyster and button mushrooms. 11.25

Pan Fried Chow Mein

crisp noodle pillows topped with sauteed China peas and tender greens. Served with a choice of chicken, beef or tofu. 11.95

With shrimp 14.95

Waichung's Pad Thai Noodles

wok-tossed sprouts and China peas, fresh chilies, cilantro. served with grilled chicken or grilled tofu. 15.95

Jade Noodles with Grilled Prawns

soy marinated grilled prawns, over a bed of lo mein noodles tossed in non-dairy Asian pesto sauce. 16.95

Vegetables

Served with steamed jasmine or brown rice. With Chinese salad or hot & sour soup, add 1.95

Mixed Vegetable Stir-fry or Steamed fresh in season vegetables, tofu, black shiitake mushroom, in garlic-scallion sauce. 8.95

Mapo Tofu firm tofu in garlic-ginger-hot bean sauce. 9.95

Szechwan Eggplant chinese purple eggplant in spicy szechwan sauce. 9.95

Roasted Garlic Mushroom w/ Snow peas garlic sauce, button mushrooms, snow peas. 9.95

Wok-Tossed Green Bean green beans with garlic-shallots, Cantonese style. 9.95

Sauteed Spinach sauteed with garlic and shallots. 9.95



Lunch Bowls

Grilled Teriyaki Chicken Bowl	6.75	Kung Pao Chicken Bowl	6.75
Steam or Stir-fry Vegetables	6.75	Curry Chicken Bowl	6.75
Orange Chicken Bowl	6.75	Mongolian Beef Bowl	6.75
Broccoli Beef Bowl	6.75	Shrimp Vegetable Bowl	7.95

Special Lunches

Served with Chinese salad, Spring Roll, and choice of steamed jasmine or brown rice. Served daily until 4 pm

Orange Crispy Chicken Special

In a piquant orange-peel sauce with chilis. 7.95

General Tsao's Chicken Special

Crispy chunks of chicken breast in garlicky-pungent sauce. 7.95

Kung Pao Chicken Special

Onions, bell peppers, peanut, water chesnut, chili. 7.95

Garlic Chicken Special

In a mild garlic-soy-rice vinegar dressing. 8.25

Chicken with Black Bean Sauce Special

Roma tomato, asparagus in slightly spicy black bean sauce. 8.95

Cashew Chicken Special

Chicken breast with diced vegetables in lite brown sauce. 8.95

Jade Noodles with Grilled Prawns Special

Grilled prawns over lo mein in Asian pesto sauce. 11.95

Catch of The Day in Banana Leaf Special

Seasonal fresh fish roasted in Asian spices with vegetables. 12.95

Crispy Honey Walnut Shrimp Special

Lightly battered, in rich creamy sauce with honey walnuts. 11.95

BBQ Baby Back Ribs Special

Served with steamed vegetables. 12.95

Broccoli Beef Special

With choice beef slices in shallot brown sauce. 7.95

Sesame Chicken Special

In sweet & tart soy-balsamic, with pickled cucumbers. 7.95

Sweet & Sour Chicken Special

In sweet & tart with pineapple tidbits. 7.95

Lemon Chicken Special

Lightly breaded chicken breast with a lemon glaze. 8.95

Teriyaki Chicken Special

Grilled chicken with soy glaze. Served with steamed vegetables 8.95

Mongolian Beef Special

With scallions, chilis, bamboo shoots and fresh ginger. 8.95

Shrimp with Chardonnay Sauce Special

with snow peas and scallions. 11.95

Grilled Salmon w/ Ginger-Soy Glace Special

Served with steamed vegetables. 12.95

Sea of Prawns, Fish and Scallops Special

In tomato Asian basil sauce. 11.95

Wok Seared Ahi Tuna Special

Served with steamed vegetables, seaweed salad, pickled ginger. 12.95

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